



CCS Health Room Policies

Recognizing that the promotion of the best possible health for each student is important to the student's present and future life, CCS has established a school health program.

CCS follows the mandated requirements of the Maryland School Health Code which states certain medical requirements must be met by students during specific years of their schooling. Parents or guardians are expected to comply with the state requirements for immunizations. Maryland Immunization Certificates are available in the school office as well as information on immunization requirements. Some children will have no requirements for a particular school year.

Forms are to be completed by the doctor and returned to the school. Completed forms are to be returned on time or a written explanation must be given for a delay in compliance.

With any health situation, including but not limited to the information below, the school reserves the right to request physician documentation before the student may return to school.

COMMUNICABLE DISEASES: If your child shows signs of any communicable disease, please consult your physician. The state law requires that children with certain diseases be excluded from school for a prescribed period of time.

Children with mumps or chicken pox will be excluded from school by authority of the principal while there remains any swelling from mumps or until all the chicken pox have started to crust.

Impetigo, ringworm, scabies, pink eye, tonsillitis, head and body lice, and trachoma (a contagious infection of the eyelids) all require exclusion, but there is no set interval of time during which the child may not attend school. For contagious diseases that require antibiotic treatment, students must remain at home until antibiotics have been given for 24 hours. The school reserves the right to request physician documentation before the student may return back to school.

Please notify the nurse if your child has had a communicable disease in order that we may keep accurate records.

HEARING AND VISION SCREENING: Hearing and vision tests will be administered once a year by the Health Department. Any abnormal results will be sent home to the parents/guardians to follow up for further evaluations with their family physician or optometrist.

IMMUNIZATIONS: The State of Maryland requires that we have a record of immunizations on file at the school. It is the parent/guardians responsibility to keep an up-to-date record on file. Those families that choose not to receive immunizations will need to keep a physician-signed exemption form on file.

MEDICATION: Medication should be attempted to be given at home before or after school; however, if medication is needed during the school hours, the following instructions apply.

All medication will require a physician signed medication form. Both prescribed medications and over-the-counter medications require parental as well as physician consent, with the exception of acetaminophen (Tylenol) and ibuprofen (Motrin) and cough drops. Acetaminophen, ibuprofen, and cough drops will only require parental/guardian permission, and will be given per the package directions. All other medications will require a physician signature. **All medications are provided by the parent/guardian. The first dose of a new medication must be given at home.** Medication must be dropped off by a parent/guardian not the student. If an inhaler or an EpiPen is to be carried by the student during the school day and/or during school trips, a physician signed "self-carry" form must be on file. It is best to inform the school nurse if a non-routine medication has been given at home prior to coming to school for the day. With the exception of the inhaler or EpiPen as noted above, students are not permitted to have any medication with them while at school.

All medications will be discarded at the end of the school year if not picked up by the parents. Medications cannot be sent home with the students. The school is not responsible for holding medications past the end of the school year and will not hold them from one school year to the next.

FEVER: The student must be without a fever for at least 24 hours without the use of any fever-reducing medications (example: acetaminophen or ibuprofen, etc.). **A fever is classified as a temperature greater than 100 degrees.** If your child develops a fever while in school a parent/guardian will be contacted to pick the student up from school.

CONJUNCTIVITIS (PINK EYE): Conjunctivitis is very contagious; therefore, in the event that pink eye is suspected, the school reserves the right to ask the parent/guardian to have the student remain at home and/or out of school until seen by a doctor and a treatment begun. If diagnosed with pink eye, antibiotics must be administered for 24 hours prior to the student returning to school. The school reserves the right to request physician documentation before the student may return back to school.

LICE: If a student is suspected of having lice, a parent/guardian will be contacted and the student must be taken home. The parent is responsible for seeking medical treatment and/or the use of at home treatments (ex: NIX, Rid, Lice MD, etc.) Upon returning to school the child must be checked by the school nurse or medical technician before returning to class. The school reserves the right to require physician documentation before returning to school.

COLDS: Coughs, sneezing, headaches, and upset stomach can happen throughout the year. If the symptoms are uncontrollable or if a fever is present, then the student should remain at home until the symptoms are under control. If a fever is present with any of these symptoms, then the fever policy must be followed and the student may not return back to school for 24 hours after the fever is gone (without the use of medication).

All OTHER ILLNESS: For all other potential contagious illnesses such as vomiting, diarrhea, respiratory infections, or rashes, students may return to school 24 hours after the last symptom without the use of medication.

PHYSICAL RESTRICTIONS: Make sure that any physical restrictions (ex: doctors excuse to sit out from gym, restrictions from using stairs, etc.) are turned into the **office** so that we can update the proper staff members regarding the restrictions. Written documentation is needed for a student to be exempt from physical education or to have special restrictions during school hours. In the event that a physical restriction requires a student to use the elevator, please make the office aware.

FIRST AID: **First Aid will be administered on a case-by-case basis.** Any severe bleeding, severe head trauma (loss of consciousness), broken bones, severe lacerations, or anything else constituting a medical emergency will be treated by emergency services. Parents/guardians will be contacted after the emergency has been controlled. Ambulance services will be used as needed. The closest emergency room to the incident will be utilized.

Any incidents requiring further medical attention not constituting an emergency will receive medical treatment as necessary by the school nurse, medication technician, or trained staff members. The parents/guardians will be contacted to assist the student for further needed medical attention.

For minor first aid needs, medical attention will be administered by the school nurse, medical technician, or trained staff member. The parent/guardian will be notified of the incident. Based on the incident, the child may remain in school or may need to be picked up by the parent/guardian.

SPORTS PHYSICALS: Any student participating in a team sport must submit a yearly athletic physical. Athletic physicals and parental permission slips must be filled out by the physician, signed by the parent/guardian and handed into the school nurse or office **before** a student is able to participate in the sport (practice or games).

If you have any specific medical instructions from your doctor, please remember to submit them to the nurse or school office so the proper teachers/staff members can be updated on any restrictions.

For specific questions concerning health room policies or student medical updates please contact the school nurse at nurse@carrollchristian.com. Copies of medical forms can be found under the “forms” section of the website.