

Exciting Sports News for Grades K-5

CCS is pleased to announce some new sports programs for grades K-5. Listed below are the different programs being offered along with their information. Come join the excitement of the CCS Soccer Club & Little Patriots Basketball Club!

Soccer Club

5 weeks of classes building into games.

Each group gets an hour and 15 minute session each week which focuses on a new skill. There is review at the beginning of each session. Individual skills will be taught at the younger ages building into more team concepts for each group. First week or 2 is all skills building into a 60/15, 45/30, and 30/45 split between skills and games.

The final week each group will be split into teams and play a small sided game.

- Dates: March 22-April 19
- Ages: k-1, 2-3, 4-5 grades
- Times: 10am-11:15, 11:30-12:45, 1:00-2:15
- Cost: \$40

Vision:

Fall 2014 will launch a 10 week program utilizing volunteer coaches. High school students will be given opportunities for service hours as referees. Goal is to have at least 2 teams of at least 7v7 per age group. League will run 2 weeks of skill work followed by 2 weeks of split skill and game times at 40/20. Then 6 weeks of 45 minute games. Program cost estimated at \$60 per child.

Coaches and referee volunteers will be given a handbook of terms, teaching points, and tips for their task of improving the fundamentals of every child knowing the end goal is to improve play at the school levels.

Basketball Skills Classes

5 weeks with game like settings each session.

Each group gets an hour session each week which focuses on a new skill. There is review at the beginning of each session. Individual skills will be taught at the younger ages building into more team concepts for each group:

- Dates: April 26 - May 24
- Ages: k-1, 2-3, 4-5 grade
- Times: 10am-11:30, 11:30-1:00, 1:00-2:30
- Cost: \$40

Vision:

Winter 2014-2015. Run a 10 week program. Field at least 2 full teams at each age group (7 per team). League will run 2 weeks of skill work followed by 2 weeks of split skill and game times at 40/20, using 2 8 minute running clock "controlled" scrimmages. Once first 4 weeks are completed, games will run on a 6 minute quarters. Program cost estimated at \$60 per child. Volunteer coaches and referees will be used.

Coaches and referee volunteers will be given a handbook of terms, teaching points, and tips for their task of improving the fundamentals of every child knowing the end goal is to improve play at the school levels.

Special rates for spring 2014 sessions:

- Multiple child:
 - 3 for \$100 per sport or \$200 for both
 - 4 or more capped at \$125 per sport or \$250 for both

CCS alum, Shane Stem (2004), will be coordinating this league. Anyone interested in volunteering as a coach/assistant please contact him by email: shane.stem@transformuniversity.org